



FIRST SUNDAY OF LENT ALL AGE MASS 9 March 2025

President & Preacher: the Rector

A warm welcome to Mass today – it's good to have you with us!

THE GATHERING

Please STAND as the bell rings, to sing our first hymn:

Forty days and forty nights
thou wast fasting in the wild,
Forty days and forty nights
tempted and yet undefiled.

Sunbeams scorching all the day,
chilly dewdrops nightly shed,
Prowling beasts about thy way,
stones thy pillow, earth thy bed.

Let us thine endurance share,
and awhile from joys abstain,
With thee watching unto prayer,
strong with thee to suffer pain.

And is Satan, vexing sore,
flesh or spirit should assail,
Thou, his vanquisher before,
grant we may not faint nor fail.

So shall we have peace divine,
holier gladness ours shall be,
Round us too shall angels shine,
such as ministered to thee.

Keep, O keep us, Saviour dear,
ever constant by thy side,
That with thee we may appear
at th'eternal Eastertide.

✠ We gather for worship in the name of the Father
and of the Son and of the Holy Spirit.

Amen.

The Lord be with you.

And also with you.

*The President offers some words of welcome. Then the
Deacon says:*

We remember the goodness of God, as we say sorry
for the things we do wrong.

Repeat each sung line after the Cantor:

We confess to you our selfishness and lack of love:
fill us with your Spirit.



We confess to you our fear and failure in sharing
our faith: fill us with your Spirit.



We confess to you our stubbornness and lack of
trust: fill us with your Spirit.



The President pronounces God's Absolution:

The Lord enrich you with his grace, and nourish you
with his blessing; the Lord defend you in trouble
and keep you from all evil; the Lord accept your
prayers, and absolve you ✠ from your offences, for
the sake of Jesus Christ, our Saviour.

Amen.

The Collect for today is prayed:

Heavenly Father, your Son battled with the powers
of darkness, and grew closer to you in the desert:
help us to use these days to grow in wisdom and
prayer that we may witness to your saving love in
Jesus Christ our Lord.

Amen.

Please REMAIN STANDING

THE LITURGY OF THE WORD

We sing the Gospel Acclamation; the cantor sings a verse.



Praise to you O Christ, king of e - ter - nal Glo - ry.

The Lord is a great God, O that today you would listen to his voice. Harden not your hearts.

We repeat the Acclamation.

The Lord be with you.

And also with you.

Hear the Gospel of our Lord Jesus Christ according to Luke.

✠ **Glory to you, O Lord.**

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone."' Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him."' Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus answered him, 'It is said, "Do not put the Lord your God to the test."' When the devil had finished every test, he departed from him until an opportune time.

Luke 4:1-13

This is the Gospel of the Lord

Praise be to you O Christ.

The address follows. Then stand for:

Do you believe and trust in God the Father who made all things, the one for whom we exist?

I believe and trust in him.

Do you believe and trust in God the Son, who took our human nature, died for us and rose again?

I believe and trust in him.

Do you believe and trust in God the Holy Spirit who gives life to the people of God, and makes Christ known in the world?

I believe and trust in him.

This is the faith of the Church.

This is our faith. We believe and trust in one God: Father, Son, and Holy Spirit. Amen.

THE LITURGY OF THE SACRAMENT

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace. The peace of the Lord be always with you:

And also with you.

Let us offer each other a sign of Christ's peace.

As the Altar is prepared, we sing the offertory hymn.

Please gather around the altar during the hymn:

**Brother, sister, let me serve you,
let me be as Christ to you;
Pray that I may have the grace to
let you be my servant too.**

**We are pilgrims on a journey
and companions on the road;
We are here to help each other
walk the mile and bear the load.**

**I will hold the Christ-light for you
in the night-time of your fear;
I will hold my hand out to you,
speak the peace you long to hear.**

**I will weep when you are weeping;
when you laugh I'll laugh with you;
I will share your joy and sorrow
till we've seen this journey through.**

**When we sing to God in heaven
we shall find such harmony,
Born of all we've known together
of Christ's love and agony.**

**Brother, sister, let me serve you,
let me be as Christ to you;
Pray that I may have the grace to
let you be my servant too.**

The President takes the bread and wine:

God of our journey, as we walk with you on your path of obedience, sustain us on our way and lead us to your glory; through Jesus Christ our Lord.
Amen.

Pray, my brothers and sisters, that our sacrifice may be acceptable to God the almighty Father.

May the Lord accept the sacrifice we offer for the praise and glory of his name, for our good, and the good of all his Church.

The Lord be with you **R.** and al-so with you.

Lift up your hearts. **R.** We lift them to the Lord.

Let us give thanks to the Lord our God.

R. It is right to give thanks and praise.

Lord of all life, you created the universe, where all living things reflect your glory. You give us this great and beautiful earth, to discover and to cherish. And now we give you thanks because you give us the spirit of discipline, that we may triumph over evil and grow in grace, as we prepare to celebrate the paschal mystery. You made us all, each wonderfully different, to join with the angels and sing your praise:

Repeat each line after the Cantor:

Ho - ly, Ho - ly, Ho - ly Lord,
 God of pow'r and might,
 Hea-ven and earth are full of your glo - ry.
 Ho - san - na in the high - est.
 Bles-sed is he who
 comes in the name of the Lord.
 Ho - san - na in the high - est.

We thank you, loving Father, because, when we turned away, you sent Jesus, your Son. He gave his life for us on the cross and shows us the way to live. Send your Holy Spirit that these gifts of bread and wine may be for us Christ's **✠** body and his blood. On the night before he died, when darkness had fallen, Jesus took bread. He gave thanks, broke it, and shared it with his disciples, saying:
 'This is my body, given for you. Do this to remember me.'
 After they had eaten, he took the cup of wine, gave thanks, and shared it with his disciples, saying:
 'This is my blood, poured out for you and for many, for the forgiveness of sins.'
 Great is the mystery of faith:

Repeat each line after the Cantor:

Christ has died,
 Christ is ris'n,
 Christ will come a - gain.

So Father, with this bread and this cup we celebrate his love, his death, his risen life. As you feed us with these gifts, send your Holy Spirit, and change us more and more to be like Jesus our Saviour. Help us, Father, to love one another, as we look forward to that day when suffering is ended, and all creation is gathered in your loving arms. And now with all your saints we give you glory, through Jesus Christ, in the strength of the Spirit, today and for ever.

We all say together in aloud voice:

AMEN!

Silent prayer

Lord Jesus, remember us in your kingdom, and teach us to pray:
Our Father, who art in heaven,.....

The President breaks the blessed bread for all to share:

We break this bread to share in the body of Christ.
**Though we are many, we are one body,
 because we all share in one bread.**

We say Agnus Dei:

**Jesus Lamb of God, have mercy on us.
 Jesus, bearer of our sins, have mercy on us.
 Jesus, redeemer of the world, grant us peace.**

The President invites all to receive Holy Communion:

Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.
Lord, I am not worthy to receive you, but only say the word and I shall be healed.

All who are Baptised in the name of the Holy Trinity are welcome to receive Holy Communion here. If you'd rather receive a blessing, do come forward, bringing this booklet with you. When all have received Holy Communion:

God of truth, we have seen with our eyes and touched with our hands the bread of life.
Strengthen our faith that we may grow in love for you and for each other, through Jesus Christ, our risen Lord. Amen.

SIT for the notices, then STAND for

THE DISMISSAL

The Lord be with you.
And also with you.

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God Almighty ✠ the Father, the Son and the Holy Spirit, be among you and remain with you this Lent and always.
Amen.

We sing the final hymn:

Jesu, Lover of my soul,
let me to thy bosom fly,
While the nearer waters roll,
while the tempest still is high:
Hide me, O my Saviour, hide
till the storm of life is past;
Safe into the heaven guide,
O receive my soul at last.

Other refuge have I none,
hangs my helpless soul on thee;
Leave, ah, leave me not alone,
still support and comfort me.
All my trust on thee is stayed,
all my help from thee I bring;
Cover my defenceless head
with the shadow of thy wing.

Plenteous grace with thee is found,
grace to cover all my sin;
Let the healing streams abound,
make and keep me pure within.
Thou of life the fountain art,
freely let me take of thee,
Spring thou up within my heart,
rise to all eternity.

The Deacon dismisses the people:

The Mass is ended, our service begins; go in the peace of Christ.
Thanks be to God.

Organ voluntary
Charles Villiers Stanford, *On a theme of Orlando Gibbons (Song 22)*

**Please do stay for refreshments,
available in the North Aisle!**

Don't forget to sign the register to indicate your presence today to support a future school application.

If you're not on the Church WhatsApp group and would like to be – to help stay in touch with what's happening – do have a word with Marion.

If you worship here regularly, we do encourage you to think about giving on a monthly basis (whatever the amount); more information from Marion.



Please help the ongoing ministry of this Church by donating via scanning this QR code on a smart phone, or using one of the Contactless devices by the